

# The Personal Ordinariate of Our Lady of Walsingham **Coventry Group**





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#### Collect

WE beseech thee, Almighty God, mercifully to look upon thy people: that by thy great goodness they may be governed and preserved evermore, both in body and soul; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, ever one God, world without end. Amen.

### First reading Jeremiah 31:31-34

"Behold, the days are coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah, not like the covenant which I made with their fathers when I took them by the hand to bring them out of the land of Egypt, my covenant which they broke, though I was their husband, says the Lord. But this is the covenant which I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it upon their hearts; and I will be their God, and they shall be my people. And no longer shall each man teach his neighbour and each his brother, saying, 'Know the Lord,' for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and I will remember their sin no more."

#### **Second reading** Hebrews 5:7-9

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him who was able to save him from death, and he was heard for his godly fear. Although he was a Son, he learned obedience through what he suffered; and being made perfect he became the source of eternal salvation to all who obey him,

#### Gospel John 12:20-33

#### At that time:

Among those who went up to worship at the feast were some Greeks. So these came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus." Philip went and told Andrew; Andrew went with Philip and they told Jesus. And

Jesus answered them, "The hour has come for the Son of man to be glorified. Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit. He who loves his life loses it, and he who hates his life in this world will keep it for eternal life. If any one serves me, he must follow me; and where I am, there shall my servant be also; if any one serves me, the Father will honour him.

"Now is my soul troubled. And what shall I say? 'Father, save me from this hour'? No, for this purpose I have come to this hour. Father, glorify thy name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing by heard it and said that it had thundered. Others said, "An angel has spoken to him." Jesus answered, "This voice has come for your sake, not for mine. Now is the judgment of this world, now shall the ruler of this world be cast out; and I, when I am lifted up from the earth, will draw all men to myself." He said this to show by what death he was to die.



Passiontide, beginning today, calls for a heightened awareness of the Lenten sacrifice by covering the crucifixes, artwork, statues and other beautiful reflections of the faith throughout the church. Passiontide is the last two weeks of Lent and the images are covered in preparation for the Triduum, which consists of three days: Holy Thursday, Good Friday and Easter Vigil.

Artwork, statues and crucifixes are beautiful representations of Catholicism. Similarly, the veiling of these images during Passiontide symbolises the darkness without faith. Without the invisible made visible, the Incarnation and Christ's Life, Passion, Death and Resurrection, there would be no saints, no Mass, no Christmas, no Easter, no feasts or celebrations. By shrouding the sacred images for these couple weeks before Easter, we are encouraged to imagine the bleakness of a world without Christ's Sacrifice on the Cross and focus on the great gift of Life the Passion bestowed on humanity.

At the Easter Vigil, the veils are removed and the sacred images revealed once again. New light and new life is brought into the church to inspire new hope. Like so many traditions, the veiling of the images represents a connection between the temporal and the eternal, life on earth, dim and clouded, versus life in heaven with God and the saints, which is bright and glorious.

#### THE LENT PROSE - ATTENDE DOMINE



To thee, Redeemer, on thy throne of glory, lift we our weeping eyes in holy pleadings: listen, O Jesus, to our supplications. **R.** 

O thou Chief Cornerstone, Right Hand of the Father, Way of Salvation, Gate of life celestial: cleanse thou our sinful souls from all defilement. **R.** 

God, we implore thee, in thy glory seated, bow down and hearken to thy weeping children; pity and pardon all our grievous trespasses. **R.** 

Sins oft committed now we lay before thee, with true contrition now no more we veil them: grant us, Redeemer, loving absolution. **R.** 

Innocent, captive, taken unresisting, falsely accused, for us sinners sentenced, save us, we pray thee, Jesu our Redeemer. **R.** 

#### THE 3 PILLARS OF LENT

In the Catholic Church, the season of Lent is a great time of fasting, abstinence and almsgiving. It is a time of entering into deeper union with Christ, offering our suffering for his greater glory, and preparing our hearts to receive his most holy sacrifice on the Cross.

The three pillars of Lent are **prayer**, **fasting**, and **almsgiving**, each intended to strengthen our relationship with God in a different way and to help us to reflect on Christ's love and sacrifice for us all.

#### First Pillar of Lent: Prayer

The first Lenten pillar is prayer. While prayer is a central part of every Catholic observance, the liturgical season of Lent requires us to pray daily. The pillar of prayer calls us to ponder Christ's sacrifice, to pray for our neighbours, and to cultivate our own relationship with God.

Lent offers a perfect opportunity to start praying every day. A short prayer in the morning or before bed is a simple way to get a routine in place. The important thing is to make the effort at forming the habit which hopefully will continue beyond Lent.

For those who have already established a practice of daily prayer, consider building on it for Lent. Try a new prayer, add an additional prayer at a different time of day, or focus your prayer on different things. Some ideas could include attending daily Mass, or praying **Morning Prayer** or **Evening Prayer**.

#### **Second Pillar of Lent: Fasting**

The Lenten pillar of fasting may be the most commonly known form of Lenten observance. However, there is more to this spiritual practice than simply changing your diet or skipping sweets for 40 days.

Fasting and abstinence are both forms of asceticism, a practice of self-discipline that involves resisting temptation. By focusing on resisting these relatively simple temptations during Lent, we grow in self-discipline to be better prepared for greater temptations that will later come our way. We also do this to honour Jesus' self-discipline during his 40 days of temptation in the desert.

The pillar of fasting has two requirements: **fasting on Ash Wednesday and Good Friday**, and **abstaining from eating meat on Fridays during Lent**. The fasting requirement starts at age 18 and

ends at age 59. Christians who are fasting during Lent are allowed one normal meal and up to two small meals (that do not add up to the amount of a normal meal) on the day of fasting.

The abstinence requirement starts at age 14 and lasts indefinitely. Abstinence requires us to not eat any meat on Fridays during Lent.

The sick and elderly, pregnant women and those with medical conditions with associated dietary requirements are exempt from fasting and abstinence.

Christians may also abstain from other pleasurable foods or activities during Lent. While this form of abstinence is not required by, it is yet another way to practice self-discipline and honour Jesus' sacrifice.

#### Third Pillar of Lent: Giving Alms

The sacrifice of meat and other pleasures during Lent generally means you will be spending less on food. Traditionally, the money saved from abstinence has been given as alms, to honour the third pillar of Lenten observance. The intention of this Lenten pillar is to bring our faith out into the world through acts of generosity, kindness, and love to honour God.

Almsgiving is traditionally thought of as the act of giving money to charity. However, just like with fasting, there are many ways to satisfy this obligation. While monetary contributions are one method of giving alms, there are many other activities and sacrifices that we can take part in to even more fully participate in Lenten Almsgiving and preparing our hearts for Jesus. Giving of ourselves through time, effort, and other personal resources are all forms of generosity that fall under almsgiving. The idea is to live Christ's example out in the world. Examples of giving of ourselves may include volunteering at a soup kitchen etc, offering to drive an elderly neighbour to an appointment, or helping out at church.

Lent is not just about giving up chocolate or Netflix. This time of preparation should provide a unique and profound opportunity to deepen our relationship God, foster self-discipline, and embody Christ's teachings. Hopefully, by diving deeper into these three pillars this Lent, you can make it more than just a 40 day season and aim to develop habits that last outside of Lent too.

## **Prayers for the Holy Land**

Lord Jesus Christ, you know the anguish of the sorrowful, you are attentive to the prayers of those who seek you. Hear your people who today cry out for peace in the land your footprints made holy. Take away the people's fears and still their troubled hearts, heal the wounded and comfort the bereaved, gather into your arms the souls of the dead. You once calmed the storm to take away your disciples' fears; calm now the storm of violence that rages across your Holy Land that brings fear and terror into innocent hearts so that all people may seek the ways of true justice, love and peace together. Amen

Lord, make me an instrument of your peace, Where there is hatred, let me sow love; where there is injury, pardon; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

Saint Francis of Assisi

O God of love, compassion, and healing, look on us, who gather today, in a world of incredible violence and pain. We ask you, in your compassion to bring healing to those who suffer from injuries and illness... God of peace, bring your peace to our violent world; peace in the hearts of all men and women and peace among the nations of the earth. Turn to your way of love those whose hearts and minds are consumed with hatred. God of understanding, overwhelmed by the magnitude of tragedy, we seek your light and guidance as we confront terrible events in our society. Comfort and console us, strengthen us in hope, and give us the wisdom and courage to work tirelessly for a world where true peace and love reign among hearts of nations and in the all. Pope Benedict XVI

Almighty Father, Faithful God, bless our brothers and sisters in the land of the Holy One. Grant peace in that land, peace in their homes and peace in their hearts. Inspire all men and women to build on your foundations of justice, mercy and peace. Keep the cries of this land in our hearts. This we pray in the power of the Spirit and in union with Jesus Christ our Lord. Amen.

Almighty God, from whom all thoughts of truth and peace proceed: kindle, we pray, in the hearts of all, the true love of peace and guide with your pure and peaceable wisdom those who take counsel for the nations of the earth that in tranquillity your kingdom may go forward, till the earth is filled with the knowledge of your love; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

O God, who have revealed that peacemakers are to be called your children, grant, we pray, that we may work without ceasing to establish that justice which alone ensures true and lasting peace. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

O God, who show a father's care for all, grant, in your mercy, that the members of the human race, to whom you have given a single origin, may form in peace a single family and always be united by a fraternal spirit. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

O God of peace, who are peace itself and whom a spirit of discord cannot grasp, nor a violent mind receive, grant that those who are one in heart may persevere in what is good and that those in conflict may forget evil and so be healed. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

Now to him who by the power at work within us is able to do far more abundantly than all that we ask or think, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen. *Ephesians* 3:20-21

#### **Notices and news**

#### Anniversaries of death

23<sup>rd</sup> Edna Everett

O ALMIGHTY God, the God of the spirits of all flesh: multiply, we beseech thee, to those who rest in Jesus, the manifold blessings of they love, that the good work which thou didst begin in them may be perfected unto the day of Jesus Christ. And of thy mercy, O heavenly Father, vouchsafe that we, who now serve thee here on earth, may at the last,, together with them, be fund meet to be partakers of the inheritance of the saints in light; for the sake of the same thy Son Jesus Christ our Lord and Saviour. Amen.

O GOD, the Father of mercies: grant unto the souls of thy servants a place of refreshment, the blessedness of rest, and the brightness of light; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee, in the unity of the Holy Spirit, ever one God, world without end. Amen.

#### **Easter Day lunch**

For those who wish to have Easter Day lunch together, a table is booked at Harringtons in Kenilworth for 2pm on **Sunday 31st March**. Again, please let John Ingram know as soon as possible.

#### **Chrism Mass**

Fr Paul will be attending the Chrism Mass celebrated by the Apostolic Nuncio at Our Lady of the Assumption, Warwick Street, at 11.30am on **Thursday** 21<sup>st</sup> March. The laity are very welcome to attend to show support for their priests on this very important annual occasion of the renewal of their priestly vows.

#### **Holy Week**

Holy Week begins on **Sunday 24<sup>th</sup> March** (Palm Sunday). A full schedule of service times is available on the parish website and pasted below. Please make sure your diary allows you to observe the principle celebrations of the week.

#### Ordinariate Festival 2024

Our 2024 Ordinariate festival, 'Lead Kindly Light', will take place at St Margaret Mary's Catholic Church, New Moston, Manchester from Tuesday 28<sup>th</sup> to Thursday 30<sup>th</sup> May. See poster below. The last two festivals in 2022 and 2023 were very successful, happy and encouraging occasions. I hope that as many of our group as possible will be able to attend. It will be important to book your hotel accommodation as soon as possible. Details here <a href="https://ordinariatemcr.com/newman">https://ordinariatemcr.com/newman</a>



St John Henry Newman by Fr Ray Matus C.O.

Tue 28 – Thu 30 May 2024

St Margaret Mary's Catholic Church, St Margaret's Road, Manchester M40 0JE

Registration £30

(includes dinner on Tue, lunch and dinner on Wed)

Booking form and accommodation information: http://ordinariatemcr.com/newman

#### Solemn Evensong & Benediction 2024 dates



All the dates for our 2024 services of Solemn Evensong and Benediction are above, so please put them in your diary. Our next is this Wednesday 20<sup>th</sup> March 2024 at 7pm.

PLEASE NOTE THAT THE JULY E&B WILL NOW BE ON 10<sup>TH</sup> JULY (NOT 24<sup>TH</sup> JULY)

O HOLY Ghost the Lord, who on Pentecost gavest the Church the gift of tongues that Christ might be known, loved and served by peoples of divers nations and customs: watch over the Anglican heritage within thy Church, we pray thee, that, led by thy guidance and strengthened by thy grace, this worthy patrimony may find such favour in thy sight that the people formed therein may increase both in holiness and number, and so show forth thy glory; who livest and reignest with the Father and the Son, one God, world without end. Amen.

#### **Livestreamed Evensong Sunday to Thursday**

Evening Prayer is prayed publicly in church **Sunday to Thursday at 5.30pm**, using Divine Worship Daily Office. If you are able, please join me either in person of via the livestream.

#### **Thursday evening Mass**

Please do attend Thursday evening Mass if you are able, celebrated according to Divine Worship.

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#### **Praying the Daily Office this week**

Evening Prayer is recited publicly in church Sunday to Thursday at 5.30pm and is livestreamed (see the parish website). Please join in.

If you intend to pray daily **Morning Prayer** and **Evening Prayer**, the table below gives you the page numbers for each of the parts of the Office for each day this week. Placing the markers in the correct pages, as indicated in the table below, takes a few minutes each time, but once done, actually praying the Office is quite straight-forward.

The Order of Morning Prayer (MP) (Matins) begins on page 375

The Order of Evening Prayer (EP) (Evensong) begins on page 421

All numbers below refer to *page numbers* in Divine Worship: Daily Office (DWDO), unless otherwise indicated.

Note: the Office hymn is always optional, but encouraged.

	Morning Prayer (Matins)				Evening Prayer (Evensong)				
Day	Psalmody	Readings	Hymn	Collect	Psalmody	Readings	Hymn	Collect	Notes
Sunday 17 <sup>th</sup> FIFTH SUNDAY OF LENT (Passion Sunday)  Passiontide begins today	553	1052	227	87	555	1054	226	87	Readings for year II The Benedicite is said in place of the Te Deum at Morning Prayer on all ferias and Sundays until Easter The Collect for Ash
									Wednesday is said at MP and EP daily throughout Lent, after the Collect of the Day and before the second Collect of the Office.
Monday 18 <sup>th</sup> Monday in Passion Week	558	1056	227	87	Pss 1 15 112	1908	261	118	EPI of St. Joseph
Tuesday 19 <sup>th</sup> SOLEMNITY OF ST. JOSEPH, Spouse of the Blessed Virgin Mary	Pss 132 147:13- end	1909	262	118	Pss 34	1909	261	118	
Wednesday 20 <sup>th</sup> Wednesday in Passion Week	568	1062	227	87	571	1063	227	87	
Thursday 21 <sup>st</sup> Thursday in Passion Week	573	1065	227	87	575	1067	227	87	
Friday 22 <sup>nd</sup> Friday in Passion Week (St. Mary in Passiontide)	578	1069	227	88	581	1071	227	88	
Saturday 23 <sup>rd</sup> Saturday in Passion Week	584	1073	227	88	586	1075	226	88	EPI of Palm Sunday
Sunday 24 <sup>th</sup> PALM SUNDAY (Second Sunday in Passiontide)	588	1077	227	88	590	1079	226	88	

For those who are looking initially for something a little simpler, the **Office of Prime** (page 397) is a shorter form of prayer for the morning, and the **Office of Compline** (page 427) is a shorter form of prayer for the evening. These will take about 10 minutes each to pray.

# **HOLY WEEK & EASTER 2024**

# PALM SUNDAY 24th March

9.30am Family Mass 11.15am Solemn Mass

Both Masses with Blessing of Palms & Procession 4.00-5.00pm Confession & Exposition of the Blessed Sacrament

#### **HOLY MONDAY**

25th March

9am Morning Prayer
9.30am Mass
10.00-10.30am Confession
5pm Holy Hour concluding with
5.45pm Evening Prayer & Benediction

#### **HOLY TUESDAY**

26th March

9am Morning Prayer
9.30am Mass
5pm Holy Hour concluding with
5.45pm Evening Prayer & Benediction
6.00-7.00pm Confession

#### **HOLY WEDNESDAY**

27th March

9am Morning Prayer
9.30am Mass
10.00-10.30am Confession
5pm Holy Hour concluding with
5.45pm Evening Prayer & Benediction

#### MAUNDY THURSDAY

28th March

9am Office of Readings & Morning Prayer 9.45-10.30am Confession 7.30pm Mass of the Lord's Supper followed by Solemn Watch at the Altar of Repose until midnight.

#### GOOD FRIDAY

29th March

9am Office of Readings & Morning Prayer 10am Children's Stations of the Cross (all welcome)

10.30-11.30am Confession

12noon Churches Together Service at the Cross (in Fife Road)

3pm Solemn Liturgy of the Lord's Passion

7pm Stations of the Cross

#### **HOLY SATURDAY**

30th March

9am Office of Readings & Morning Prayer 9.45-11.00am Confession 8.30pm Easter Vigil (with adult Receptions and Confirmations)

#### EASTER SUNDAY

31st March 9.30am Family Mass 11.15am Solemn Mass

5.00pm Adoration of the Blessed Sacrament 5.45pm Evening Prayer & Benediction

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